



Skill: WATER RESCUE 2° Trauma with BCON Shark Attack with USLA Components of a Rescue	Lifeguard Name:
Evaluator:	Date: / / Version 2021

TASK	Points Possible	Points Awarded	Notes:
Rescue Board, fins, and tube prepped and staged properly	1		
RECOGNIZE: Identifies victim in distress and what appears to be a shark fin in proximity moving away quickly. Victim continues to wave. The shark is nowhere in sight.	2		Critical Step <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;"> Complete Incomplete </div>
ALERT: Communicates notification of rescue and discusses options with duty supervisor. It is safe to enter the water	1		
SLECTS EQUIPMENT: Grabs Rescue Board, fins, and RFD			
RESPOND: Picks path and moves quickly to entry point	1		
ENTRY: dons rescue fins, deploys RFD, and guides rescue board through surf by hand maintaining contact at all times	2		
Once waist deep or deeper lifeguard mounts rescue board in prone position and paddles through surf zone	1		
Paddles heads up prone position to victim utilizing ocean and rip currents, takes most direct route to victim	2		Critical Step <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;"> Complete Incomplete </div>

APPROACH: Paddling heads up, frequently modifying their route to intercept victim	1		
CONTACT: safety stop then pulls alongside victim delivers RFD to victim, coaches victim to clip RFD around themselves or instructs victim to hold on to RFD	2		Critical Step <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;"> Complete Incomplete </div>
CONTROL: Stabilizes board and adjusts harness to middle of back, adjusts position as needed	2		Critical Step <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;"> Complete Incomplete </div>
Lifeguard completes task without coming off board	1		

SIGNAL: Gives proper arm signal for victim condition Assistance Needed	2		Critical Step <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;"> Complete Incomplete </div>
SAVE: Moves to prone position, paddles quickly towards shore towing victim behind the board.	2		
Once in the impact zone lifeguard may ditch rescue board and use RFD to protect victim	1		
BCON Once on dry sand, Lifeguard initiates Bleeding Control. Places RFD harness around extremity, high and tight	1		Critical Step <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;"> Complete Incomplete </div>
BCON Creates tension circumferentially by twisting harness by hand, never letting go. Tightens harness until bleeding stops	2		
BCON Tightens RFD harness until bleeding stops. Holds onto harness and maintains tension until a commercial tourniquet is placed.	1		Critical Step <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;"> Complete Incomplete </div>

PASS FAIL

Points Awarded

Critical Fail:

Step:	Comments:
Step:	Comment: